

## HEALTH, IMMUNIZATIONS & MEDICINE

We strongly recommend that you **see your health care provider as soon as possible** in order to discuss what, if any, immunizations you might want to receive before leaving the USA and what medicines you might want to take with you to India. We also suggest that you consult the Center for Disease Control's recommendations for travelers to India: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/india>

We understand that **no immunizations are required by law for travel to India**. However, it would be prudent to bring a record of your shots and immunizations with you to India. Emory faculty may contact the Emory Travel-Well Clinic for immunizations and for other suggested medication that might be needed for travel in India.

Emory University and Emory-Tibet Partnership take no responsibility for what choices you make with respect to the immunizations/vaccinations you receive or medicines you decide to take with you.

A wide variety of **antibiotics and other medicines** are available in India. While typically less expensive, both the variety and quality available may not be as good as in the U.S., although most people find they are acceptable. **We suggest that you bring a prescription of anti-diarrheal drugs with you (loperamide or azithromycin) as a precaution.**

If you have a health condition that requires **prescription drugs**, you should bring an adequate supply of these with you from the USA, along with information regarding dosages, side-effects, etc. We strongly recommend that you continue taking your prescription drugs while in India, as local doctors are often unfamiliar with the drugs you might be taking and are thus unable to be of assistance if you change or discontinue your regime.

Finally, we urge you to bring with you the **phone numbers of your doctors, healthcare providers, health insurance agents, etc.**, in case you need to be in touch with them while in India.